



INTERNAL REFERENCE ONLY

Background Information for the 2018 Camp Cambria Classic

How did Cambria become involved with Camp and the Arthritis Foundation?

Marty Davis was exposed to arthritis through his grandmother and later in life, his mother, who suffered with arthritis when he was a child. Marty and his wife Anne attended a fundraiser for juvenile arthritis as guests of their friends Justin and Krista Morneau. The Morneau's niece, Maddie, has juvenile arthritis. It was at this event that the Davis's met many of the parents of children suffering from juvenile arthritis. This experience inspired them to learn more about the hardships children with juvenile arthritis endure. The parents talked about the camp that existed in Wisconsin for kids with juvenile arthritis, and expressed disappointment that there was no such camp in Minnesota. The Davis's took note and Camp Cambria was born in Minnesota in 2014. The entire Cambria family embraced this new endeavor by the company, and Camp Cambria has become a treasure and prized opportunity for each of Cambria employees to be a part of within the organization.

What kinds of things do the kids do at Camp Cambria?

- They meet other kids who have this condition and can feel comfortable being accepted for who they are. Many had never met another child with juvenile arthritis before going to camp.
- For many this might be the first time sleeping away from mom and dad. Medical treatments for juvenile arthritis often involve weekly injections so they don't get to stay away from home too often. Parents can relax knowing that appropriate medical care is available 24-7 at Camp Cambria.
- Camp medical staff administer medications, help with issues that arise and camp and often teach the kids how to give themselves their injections and take their own medication.
- Campers participate in many activities, like swimming, horseback riding and archery, at a pace that they feel comfortable with and set themselves.
- In addition, they attend counseling sessions with their peers where they learn about their disease and acquire coping skills necessary to manage their condition on a daily basis.

How successful has previous fundraising been?

- In 3 years of fundraising, we have raised over \$4mm, which includes \$2.5mm from 2017.
- This allows us to:
 - Provide a "Disneyland" experience for campers, creating a truly unforgettable week for the 135 campers in Minnesota.
 - Upgrade the camp facilities to better provide for the unique needs of our campers.
 - Offer a mini camps to introduce young campers and their family to camp.
- 100% of proceeds benefit kids with juvenile arthritis through Camp Cambria initiatives. All expenses, including golf and entertainment, are donated and funded separately.

What is juvenile arthritis? Who gets it?

- 300,000 children in the US (+24,000 in Canada) are living with juvenile arthritis. It destroys joints, bones and muscles, making everyday activities – or even just moving – difficult, robbing these kids of the joy of just being kids.

- Although the various types of juvenile arthritis share many common symptoms like pain, joint swelling, redness and warmth, each type of juvenile arthritis is distinct and has its own special concerns and symptoms.
- Juvenile arthritis can also involve the eyes, skin, muscles and gastrointestinal tract.

Treatment

- The goal of any treatment is to push juvenile arthritis into remission by controlling inflammation, relieving pain, preventing joint damage and preserving function and mobility. Improving the child's quality of life is paramount.
- Treatments include medications, injections, infusions, exercise, and nutrition and in rare cases, even surgery. Massage and physical therapy are often also employed to reduce pain and stiffness.
- Unfortunately there is no cure for juvenile arthritis, although with early diagnosis and aggressive treatment, remission is possible.
- There is a shortage of pediatric rheumatologists. Many states like North Dakota and South Dakota don't have any so families must travel great distances for treatment.

Camp Courage Campus Renovation

Camp Courage is the home to Camp Cambria. This year the Camp Cambria Foundation has taken on the renovation of three key buildings at Camp Courage, giving them a fresh look, clean spaces and many necessary improvements that will create a better camp experience not just for our Camp Cambria kids, but also for other children and adults with disabilities who are among the 1,300+ people who depend on the facilities each summer.

- Lakeside Dining Hall & Kitchen: we are creating a community gathering place for everyone to build friendships, enjoy healthy and hearty meals together, and to be educated about their food selections and nutrition.
 - Modern windows and doors, insulation and roofing, air conditioning and lighting, new flooring, and new hydration stations.
 - We are especially excited to add a Nutrition Nook, where healthy snacks will be available. Interactive elements will engage the campers throughout this facility through video, graphics, fun facts and educational information about the foods they are eating.
 - The special diet prep area of the kitchen will double in size, making it easier to accommodate dietary needs of all campers.
 - The access from the dining room to the kitchen will be upgraded to improve safety and sanitary needs, minimizing the traffic in and out of the kitchen.
 - New buffet serving units will expand the ability to keep food service contained to one area of the dining hall.
 - An elevator will be installed, connecting the Dining Hall to the open area of the lower level, which will be a much better accessible space for additional group events and activities.
- Health & Wellness Center: This is the home to some of the most important people at camp – our nurses and medical staff!
 - We are adding a dedicated exam room and large dividable medical room for more privacy and better medical attention for the campers.
 - New staff dorm space and new bathrooms will be available for all the medical staff.
 - The beauty and cleanliness of the space will be upgraded through new cabinetry and Cambria® countertops, providing a nonporous, medically safe surface for our staff to work on.
- Sky Clubhouse: Creativity will abound in a renovated arts and crafts building featuring new cabinetry for better organization, new adjustable tables that will cater to wheelchairs, and a clean inviting atmosphere to inspire all.